



Arizona Parents Commission on Drug Education and Prevention Meeting Minutes

January 22, 2020
10:00 AM

ARIZONA STATE CAPITOL
1700 West Washington Street, Phoenix, AZ 85007
Executive Tower, Third Floor Conference Room

A general meeting of the Arizona Parents Commission on Drug Education and Prevention convened on January 22, 2020. Notice having been duly given. Present and absent were the following members of the Parents Commission.

Members Present (8)	Members Absent (1)
Bryan Cox, Chair	David Reede
Kristine Fire Thunder (via phone)	
Beatriz Hurtado	
Raynee Schneider	
Denise Beagley	
Eric Meaux (via phone)	
Bryan Harris	
Laura Ciscomani (via phone)	
Staff and Guests Present (6)	
Leona Morales, GOYFF	Tonya Hamilton, GOYFF
Sgt. Trevor Graff, AZ DPS	Racquel Castro, Terros Health
Sarah Grado, notMYkid	Shane Watson, notMYkid

A. CALL TO ORDER

Mr. Bryan Cox, Chair, called the meeting to order at 10:00 a.m.

B. WELCOME/INTRODUCTIONS

Mr. Bryan Cox welcomed members and guests. Mr. Bryan Cox asked that commissioners and staff introduce themselves.

C. APPROVAL OF THE MINUTES

Minutes for the meeting held Nov. 20, 2019, were reviewed. **Ms. Raynee Schneider** made a motion to approve the minutes. The motion was seconded by **Mr Bryan Harris** and approved by all.

D. Trevor Graff, DPS/ DRUG RECOGNITION EXPERTS (DRE), PRESENTATION

Mr. Bryan Cox introduced Sgt. Trevor Graff of the Arizona Department of Public Safety (DPS) and Drug Recognition Expert (DRE). **Sgt. Trevor Graff** gave a presentation about what it means to be a drug recognition expert and how officers are trained to become a DRE. **Sgt. Trevor Graff** stated that DRE trained officers can detect impairment of a drug solely based on the suspected DUI driver's behavior and cognitive functions. Depending on the drug that was taken, DRE officers can tell when the impaired individual last took the drug and how long the impaired individual has been under the influence. **Sgt. Trevor Graff** said that the history of DRE started in the early 1980's with the Los Angeles Police Department. The program was tested both in the field and the lab, showing a 90% accuracy rate. The certification was deemed "scientifically validated" in 1984. **Sgt. Trevor Graff** mentioned the DRE training is intense. Students of the DRE program must conduct evaluations on humans to be certified. **Sgt. Trevor Graff** mentioned his live subjects are incarcerated individuals. DRE students must determine what drug they have taken based on their symptoms, then compare their results to a lab result. In order to become DRE certified, a minimum of 12 evaluations must be completed. **Sgt. Trevor Graff** said that any sworn law enforcement or detention officer can become a DRE; however, it is rigorous with no added reward (pay). He added that fewer than 1% of all officers in the U.S. are DRE-certified. **Sgt. Trevor Graff** added that it does not cost current DPS officers any money, it just costs them their time. **Sgt. Trevor Graff** asked the commission to define what a drug is to them. **Sgt. Trevor Graff** defined a drug as any substance that, when taken into the human body, can impair that person's ability to operate a vehicle safely (referring to the motor vehicle code). He mentioned that ibuprofen was not a drug because it shows no physical effect that would impair someone from driving a vehicle; however, gasoline would be considered to be a drug. He said it is because the fumes can be inhaled, causing physical, mental, and biological changes to one's body. **Sgt. Trevor Graff** showed a matrix that tracks indicators that are consistent within each drug category. Since drugs have varying symptoms, these indicators help DRE officers determine which drugs impaired individuals have used.

- **Mr. Bryan Cox** asked how individuals are selected for the evaluations. **Sgt. Trevor Graff** stated that he makes a deal with the individual. If they are willing to participate he will give them extra food and juice. They do not have to talk to the DRE students or even to **Sgt. Trevor Graff**, they would need to just agree to participate by providing a urine sample and that was it.
- **Betty Hurtado** asked about the cost of the trainings. **Sgt. Trevor Graff** stated that the trainings are free. The Governor's Office of Highway Safety pays for the trainings.
- **Ms. Leona Morales** asked if there are DREs located throughout that state, or are they mostly concentrated in the more populated areas. **Sgt. Trevor Graff** said that they are located throughout the state. In more rural areas, they can be called on to assist an arresting department. It may take them an hour to drive there, but they will go when asked.

E. notMYkid, PRESENTATION

Mr. Bryan Cox introduced Prevention Manager **Ms. Sarah Grado** and Public Information Manager **Mr. Shane Watson** from notMYKid. **Ms. Sarah Grado** started the presentation with a short video that promoted the mission and vision of notMYkid. The focus was on their work in making positive impacts on the lives of the youth who go through their programs. **Ms. Sarah Grado** mentioned there are five different programs that are currently offered by notMYkid. The newest is Project Rewind. **Ms. Sarah Grado also** talked about Amplif(i), a program for children in grades 5-12. Amplif(i) has a trained presenter sharing appropriate and relatable stories that connect the discussion topic with the audience with interactive elements. **Mr. Shane Watson** presented on their new program, Project Rewind. Project Rewind is a six-hour program with two three-hour sessions. **Mr. Shane Watson** said that this program has both parent breakout session and youth breakout session components. **Mr. Shane Watson** described this program as a collaborative effort between youth and parents to strengthen family connections and communication. **Mr. Shane Watson** mentioned there are specific facilitators for both youth and parents to connect with each group. **Mr. Shane Watson** talked about the success of Project Rewind, including a 60% report back from youth who are no longer using alcohol, drugs, vaping, or any other harmful substance. **Mr. Shane Watson** ended the presentation with notMYKid's podcast, "Win This Year" an on demand and ongoing resource generator to support parents on how to continue to strengthen their relationship with their youth. It offers tips to keep them away from drugs, alcohol, and other harmful substances. **Ms. Sarah Grado** added that this year is notMYkid's 20th anniversary. **Ms. Tonya Hamilton** asked for clarification on the Arizona Counties map. Twelve counties were represented by grantees, but only 10 were listed on the previous slide. **Dr. Jane Dowling** said that 12 counties are served and the 10 counties are where the grantees are actually located. Some grantees serve multiple counties.

- **Ms. Tonya Hamilton** asked if their marketing materials were offered in Spanish. **Mr. Shane Watson** and **Ms. Sarah Grado** said that Spanish materials were available, along with offering translation services during their sessions. **Ms. Tonya Hamilton** also asked if notMYkid was only in Maricopa County or other counties. **Ms. Sarah Grado** said that notMYkid was in Maricopa County.

F. Terros Health, PRESENTATION

Mr. Bryan Cox introduced Prevention Specialist, **Ms. Racquel Castro** from Terros Health. **Ms. Racquel Castro** talked about Families Together, a program that encourages strong family bonds through open communication among youth. The message focuses on avoiding drugs, alcohol, and youth delinquency. Families Together is offered in elementary schools in Maryvale and West Phoenix; it is a free program for both parents and youth. Families Together is programmed through Botvin's LifeSkills Training, which has two components: Parent Program and Youth Program. **Ms. Racquel Castro** stated that there are seven sessions within the Parent Program, and after completing all seven sessions, parents receive a certificate. The youth program has eight life skills that promote health and personal development. **Ms. Racquel Castro** mentioned outreach is done within the community through parent/family nights, after school, and providing one time presentations on various topics targeted to families in that community. **Ms. Racquel Castro** shared with the commission a success story that showcased the benefits of Families Together. She said that young children thought that "vaping" was just flavored sugar water. She said they were surprised to learn that chemicals in vape in how harmful it is to their bodies.

- **Mr. Bryan Cox** asked **Ms. Racquel Castro** if the parent and student participation goals have been met. **Ms. Racquel Castro** replied that the student goals have been met; however, it has been difficult to achieve their parent goals. She said many mothers attend, but fathers have not been taking part. Being aware of the low number of parents, **Ms. Racquel Castro** and her team have been advertising their program at Boys and Girls Clubs and local churches to try to get more parents to attend.
- **Ms. Denise Beagley** asked **Ms. Racquel Castro** about the attendance and participation of fathers within this program. **Ms. Racquel Castro** replied that there have been only three father's that have attended this program in total. She said that they believe that the low number is due to their work schedules that conflict with the time of the session and also the required time commitment of the program.
- **Ms. Leona Morales** commented that she will be doing a site visit with Terros Health within the following month to work on strategies to help them achieve their recruitment and retention goals.

G. Subgrantees Update

Mr. Bryan Cox introduced **Ms. Leona Morales** who gave an update on the Grantees and Collegiate Recovery Programs. **Ms. Leona Morales** was impressed with the work of the Collegiate Recovery Programs. Dr. Karen Moses from Arizona State University and Dr. Peggy Glider of the University of Arizona contributed to the development of a report recently released by the US Drug Enforcement Agency. "Prevention with Purpose: A Strategic Planning Guide for Preventing Drug Misuse Among College Students" was released last week and includes current trends, a strategic prevention framework, and how to access, plan, implement and evaluate programming on your campus. The 156-page report is a great guide for universities, both large and small, throughout the US. **Ms. Leona Morales** added that she is working closely with grant auditor Haidee Mikesell to ensure that the grantees are submitting their requests for reimbursements in a timely manner. Additionally, the Quarter 2 reports should be available for review next week. **Ms. Leona Morales** added that the Parents Commission will be supporting the ASU Center for Applied Behavioral Health Policy's Winter Institute (Law Enforcement Behavioral Health Conference). The support will help fund 24 registrations for participants who otherwise would not have been able to attend. **Ms. Leona Morales** reported that she is also administering the Arizona Child Abuse Prevention and Advocacy License Plate Grant Program. Applications are now being accepted. Approximately \$375,000 will be awarded to evidence-based or evidence-informed Primary Prevention programs that strengthen families, and Child and Family Advocacy Centers to provide support for victims of child abuse and neglect and their families. The grant, with a minimum annual award of \$25,000 and maximum annual award of \$50,000 per grantee, is renewable for a combined term of two years. For more information about this grant, contact Procurement Manager Sarah Bean at sbean@az.gov.

H. ANNOUNCEMENTS

- **Ms. Denise Beagley** updated the commission in regards to the upcoming Winter Institute (Law Enforcement Behavioral Health Conference) at Arizona State University from February 18-20. This will be their second year promoting the Winter Institute as it focuses on those working in and serving in public safety roles.

- **Ms. Raynee Schneider** announced an event that will be held on Monday, Jan. 27, 2020, at Prescott High School. "The Masked Epidemic" is presented by Armed to Know, a non-profit to help curb substance abuse. The event starts at 6:30 p.m. and features speaker Matt Bellace, PhD., and author of "A Better High."

I. FUTURE AGENDA/MEETING SCHEDULE

Mr. Bryan Cox said that the next meeting will be on March 18, 2020 at 10:00 AM at the State Capitol's Executive Tower, 3rd Floor Conference Room in Phoenix, Arizona.

J. ADJOURN

A motion was made to adjourn by **Mr Bryan Harris** at 11:40 AM. The motion was seconded by **Ms. Denise Beagley** and approved by all.