# Safe and Effective Opioid Prescribing

**While Managing Acute and Chronic Pain**

**An online program offering 2 Free CME Credits to help Arizona DEA presaibers incorporate into practice the 2014 Arizona Opioid Prescribing Guidelines•**

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Click to get started!

**Learning Objectives**

**D** Manage acute and chronic back pain.

**fJ** Assess the functional effects of pain in

patients.

**E** Appropriately utilize a range of therapeutic options when managing patients with chronic pain.

**19** Comply with current opioid

risk-management practices, including

the use of pain contracts and urine drug testing.

**E** Educate patients on the proper use, storage, and disposal of opioid medications.

**Developed in Partnership with:**

**•Arizona Prescription DrugMisu,e&Abuse Initiative**

**•ArizonaDepartmentof Health Services**

**•University ofArizonaCollege ofPublic Hmlth**

**•University ofArizonaCollege ofMedicine**

## There is increasing evidence that opioid medications are over-prescribed and poorly managed because prescribers are not aware of appropriateopioid riskmanagement strategies and non-opioid approaches to treating chronic pain. This

**activity seeks to familiarize prescribers with current guidelines**

**for opioid use and prescribing, as well as educate prescribers about non-opioid strategies for pain management.**

**learners will manage 3 virtual patients:**

Francisco Cruz, a 32-year-old teacher with acute back pain.

He **has been self medicating with acetominop hen and a hrdrocodone-acetominophen combination product.**

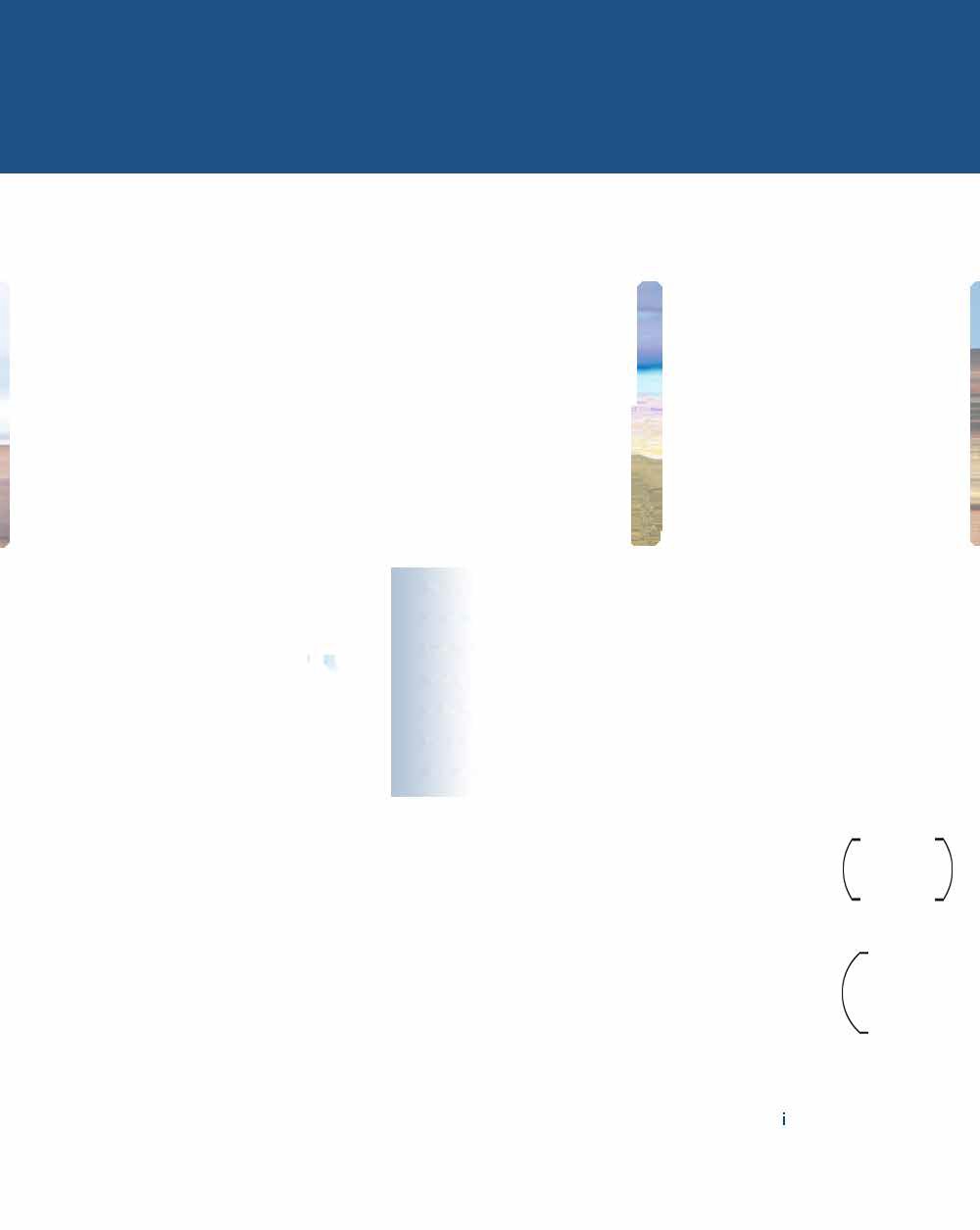
Marc Foster, a 37-year-old disability recipient with long-standing osteoarthritis and chronic pain.

He **is being followed by a rheumatologist and has beenreferred to you for opioid management.**

Margo Freese, a 44-year-old customer services manager with low back pain.

**She has f}l d several inconclu,ive imaging studies and** is **on partial dsability**

**at work. She has tried a number of medications and is seeking something to improve her lower back pain.**



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